



BASIC FACILITATOR COURSE 9

INTRODUCTION

Facilitation is the key component in the delivery of our high quality programme. Basic Facilitator Course is designed, with this key objective in mind, that is, to train potential facilitators to deliver adventure-based experiential programme unique to FOCUS, giving maximum impact and returns to our clients.

FOCUS Adventure adopts the experiential learning methodology in all our organization development programmes to help participants internalise learning outcomes with lasting results. Coupled with dynamic facilitation, our programmes engage participants, and translate learning points directly to the workplace. The methodology we adopt for BFC is experiential-based too, seeking to give maximum impact in this learning process.

As potential facilitators go through this course, they get a deeper understanding on the way we conduct our programme and learn about the essentials of being a good facilitator. Good facilitation skills do not come readily to all participants. Practice and real time experience in facilitation are necessary to further enhance the soft and hard skills learned during BFC.

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LEARNING OUTCOMES/OBJECTIVES

Indoor activities, profiling tools, low and high elements, Team Challenge Pyramid are included in the course to enable facilitators the techniques and know-how in conducting them. Each activity serves different learning objectives and should be adopted appropriately.

Participants will learn both hard and soft skills towards becoming a good facilitator. The core skills include

- Management Consulting
- Public Speaking
- Facilitation
- Technical & Safety
- Client Relationship Management

Some hard skills are necessary, such as being able to conduct a rafting scenario and bring clients safely through an expedition. However, soft skills are also important, whereby Facilitators relate the expedition to Teamwork, Leadership, Communication, Goal Setting etc.

PROGRAMME OUTLINE

BFC 9 is a five-day course; 2 days in Sentosa and 3 days in Bintan.

Day 1 - Sentosa

Challenges

Welcome to BFC 9

Introduction to Theoretical Framework

Energizers

Mobile Adventure Program

Day 2 - Sentosa

Challenges

Low Elements

Day 3 - Bintan

Challenges

DISC Profiling

Low Elements

ATV

Paintball

Rafting

Day 4 - Bintan

Challenges

High Elements

Team Challenge Pyramid

Day 5 - Bintan

Challenges

Facilitation skills at test

Reflection and video time

Note: Programme outline is subjected to changes

The End

Where every moment is a challenge!